Adjustable Range
What is a size adjustable mannequin?

The adjustable mannequin is a Male, Female or Children’s torso made in a modular system. This modular system allows the torso (neck, bust, waist and hips) to adjust or expand to a desired distance/measurement. The mannequins adjust both horizontally and vertically; bust, waist and hips adjust in various size groupings while the back and waist of the torso adjust in length as well.

Where are they made?

The adjustable dress forms are designed at the factory in Kent, England where they are assembled and packed by hand. Each finished product is carefully inspected before being packed and dispatched to the warehouse, also located in Kent.
Adjustable Range

The **Diana, My Double** and **Rani** adjustable dress forms all have an **8-part body**. The **neck** is fully adjustable with an auto-set system and useful pin cushion. The **back** vertically lengthens at the waist when a longer back and waist measurement is required. **Diana** dolls use a **knob type adjustment system**, the **My Double** use a **scroll system** and **Rani** use a **combination of knob/scroll wheel type system**.

**Available colours:**
- **Red** (Diana)
- **Pink** (My Double)
- **Greenish Blue** (Rani)

**How do I decide which size to buy?**

**Measure your bust, waist and hips** and use the measurements to compare with the specs on the order form. If two or more measurements fall within a specific category, that is the one to purchase.

**Should you find yourself in-between two different sizes**, we recommend purchasing the **smaller model** as you can always **add padding to achieve your body shape**. Use an old bra and fit it on your mannequin. Pad the bra until it resembles your bust shape and form. If the waist or hips are too small, use sponge or material to increase the circumference by adding it until it’s your specific measurement.

*Remember that the mannequin is simply an aid and not a mirror image of your body shape.*
Taking Your Measurements

A professional looking garment enhances your total fashion image and is as much the result of a proper fit as it is of careful construction. An accurate set of body measurements is essential to adjust your new dressmaking model to as close a copy of your body as possible. Ask someone to help you in checking and recording your basic body measurements. When measuring, pull the tape snugly, but not too tightly, around the fullest part of each body area being measured.

- Before making any specific adjustments, **adjust the height of the model to ensure that the shoulders are exactly level with your own shoulder height.** (This is where help from a friend is particularly important.)

**Back Waist length**

If you have purchased a dressmaking model with a body in 8 pieces you will have the benefit of being able to adjust the back length for people who have longer bodies and lower waistlines. The back length can be lengthened by up to approx 3.8 cms (1.5”). Measure from the prominent bone at the base of the neck down to the natural waistline. Please remember that the dressmaking model is delivered with back measurement set at its shortest length.

**Bust**
Measure straight across widest part of back, under arms and across fullest part of bust.

**Waist**
Measure around natural waistline.

**Hips**
Measure around fullest part – usually 17.7 cm–22.8 cm (7”–9”) below waist. Make a note of the distance between waist and hips.

Select skirt or trouser/pants pattern size according to hip measurement. (Any necessary waist adjustment is relatively simple.)

**Neck**
Measure around fullest part of neck.

**Skirt length**
Measure from floor (wearing shoes with appropriate height heel) to your required skirt length.

**Trouser/Pants length**
This is a fashion/personal choice. Decide on Capri, ankle or boot leg style), and measure accordingly.

Wear only your usual underwear when taking your body measurements.

**Other useful measurements:**

- **Sleeve length**
- **Front chest**
- **Shoulder width**
- **Outside**
- **Shoulder to Elbow**
- **Inside**
- **Trouser/Pants leg**
- **Back width**

*Information source: Adjustoform.com*
Before you begin to adjust the model to specific measurements, expand the body by loosening all the adjusters evenly, in small increments at a time. We suggest you make the body and neck adjustments, working from the neck level adjusters downwards to the hip. This will release any tension on the body and will make subsequent adjustments smoother. It will also help you to familiarise yourself with the operation of the adjusters.

Identify the system on your dressmaking model for adjusting the measurements at bust, waist and hips.

**Fig 1 Using the ‘dial’ system** - Select the dial you wish to set, steady the model with one hand and with the other hand squeeze the adjuster together. To increase the measurement, turn clockwise until the indicator points to the required measurement on the outer ring, and then release to lock in place.

**Fig 2 Identify the neck design** - The neck is adjusted by pushing in the knob in the centre of the neck at the same time as turning it in a clockwise direction. A useful Pin Cushion is provided in the neck cap.

**Fig 3 Adjusting the back** - Adjustments to the back length are made by releasing and tightening the internal screw.

*Information source: Adjustoform.com*
Taking Up The Hem

There are two types of Hem Markers. Both are very easy to use, but the Hem Marker shown below requires pins and the other chalk to mark the hemline. Most dressmaking models are available with one of these markers. Freestanding versions of the chalk hem marker in a choice of metal or plastic are also available. With freestanding markers the person wearing the garment applies puffs of chalk at selected positions around the skirt.

**Pin Grip Hem Marker** With the hem bar in the horizontal position, loosen the clamp and position the marker at the desired height, using the measuring scale on the post (from floor level), and lock in position. To mark a hem, place fabric between the plastic clamp, close the clamp, and insert a pin through the slot near the top of the clamp. Open clamp and repeat exercise at intervals of approximately 5 cm around the hem. The calibrations on the gauge can be used to mark the depth of the hem allowance.

**Chalk Hem Marker** Loosen the clamp and position the marker at the desired height, using the measuring scale on the post, and lock in position. Fill the reservoir at the bottom of the chalk ejector with chalk from the sachet provided, and replace cap firmly. Position the metal slide so that the spray nozzle is very close to or just touching the garment. Press the bulb, and then move the marker 10 cm and press again. Repeat this exercise round the garment to create a line of chalk, ready for pinning and sewing to create a level hemline. Alternatively, turn the chalk ejector 180 degrees so that the Hem Marker can be used to mark a garment you are wearing by moving your body round to create the chalk pinning and stitching line.
The Diana adjustable form comes in bright red and has an 8-part body.

Its sturdy form and manageable adjustment dials ensure an easy to use and durable companion, suitable for designers and dressmakers alike.

Features:

- 12 adjustable dials
- Covered in nylon foam-backed fabric
- Four legged stand
- Available in 4 sizes
- Full shoulders for a better hang to sleeves
- Pin grip hem marker

Size Options

<table>
<thead>
<tr>
<th>Diana</th>
<th>Bust</th>
<th>Waist</th>
<th>Hips</th>
</tr>
</thead>
<tbody>
<tr>
<td>Diana A</td>
<td>84 cm – 100 cm 33 ins – 39.5 ins</td>
<td>64 cm – 81 cm 25 ins – 32 ins</td>
<td>86 cm – 104 cm 34 ins – 40 ins</td>
</tr>
<tr>
<td>Diana B</td>
<td>100 cm – 115 cm 39 ins – 45 ins</td>
<td>77 cm – 94 cm 30 ins – 37 ins</td>
<td>101 cm – 117 cm 39.5 ins – 46 ins</td>
</tr>
<tr>
<td>Diana C</td>
<td>112 cm – 127 cm 44 ins – 50 ins</td>
<td>94 cm – 109 cm 37 ins – 43 ins</td>
<td>117 cm – 132 cm 46 ins – 52 ins</td>
</tr>
<tr>
<td>Diana D</td>
<td>112 cm – 137 cm 48 ins – 54 ins</td>
<td>104 cm – 120 cm 41 ins – 47 ins</td>
<td>129 cm – 144 cm 51 ins – 56.5 ins</td>
</tr>
</tbody>
</table>
The My Double has been used for many years by beginners and experienced sewers alike.

The body splits at the waist to provide fitting for those with longer or shorter waistlines.

Features:

- 12 adjusting wheels
- Available in three sizes
- Adjustable neck with useful pin cushion
- Foam-backed nylon covering allows easy pinning and marking
- Strong tripod stand that can fold for easy storage
- Hem Marker or Hem Leveler options

Size Options

<table>
<thead>
<tr>
<th>My Double</th>
<th>Bust</th>
<th>Waist</th>
<th>Hips</th>
</tr>
</thead>
<tbody>
<tr>
<td>My Double Petit</td>
<td>71 cm – 86 cm 28 ins – 34 ins</td>
<td>58 cm – 78 cm 23 ins – 31 ins</td>
<td>76 cm – 96 cm 30 ins – 38 ins</td>
</tr>
<tr>
<td>My Double Small</td>
<td>84 cm – 104 cm 33 ins – 41 ins</td>
<td>60 cm – 81 cm 23 ins – 31 ins</td>
<td>86 cm – 106 cm 34 ins – 42 ins</td>
</tr>
<tr>
<td>My Double Medium</td>
<td>100 cm – 119 cm 39 ins – 47 ins</td>
<td>74 cm – 94 cm 29 ins – 37 ins</td>
<td>102 cm – 122 cm 40 ins – 48 ins</td>
</tr>
</tbody>
</table>
The features of the 8-part Rani make it ideal for use in sewing jackets, skirts, long and short dresses and coats. It also allows for easy trouser/pants fitting, making it the most versatile sewing form on the market.

**NOTE:** The dials and wheels of the Rani do not indicate size.

**Features:**

- 12 body adjusters (Combination of dials and wheels)
- Covered in nylon foam-backed fabric
- Four legged stand
- Available in 2 sizes
- Full shoulders for a better hang to sleeves
- Height adjuster for taller women
- Off-set column to enable pants/trouser to hang straight
- Shaped hips, bottom and thighs for pants/trouser fitting
- Easy dial neck adjuster
- Pin grip hem marker

**Size Options**

<table>
<thead>
<tr>
<th>Rani</th>
<th>Bust</th>
<th>Waist</th>
<th>Hips</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>84 cm – 100 cm</td>
<td>64 cm – 81 cm</td>
<td>86 cm – 104 cm</td>
</tr>
<tr>
<td></td>
<td>33 ins – 39.5 ins</td>
<td>25 ins – 32 ins</td>
<td>34 ins – 40 ins</td>
</tr>
<tr>
<td>Small</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Medium</td>
<td>100 cm – 115 cm</td>
<td>77 cm – 94 cm</td>
<td>101 cm – 117 cm</td>
</tr>
<tr>
<td></td>
<td>39 ins – 45 ins</td>
<td>30 ins – 37 ins</td>
<td>39.5 ins – 46 ins</td>
</tr>
</tbody>
</table>
The **fully adjustable Male Form** makes sewing for men so much easier. The body is divided into 8 sections and includes an **easy to use waist lengthening mechanism**.

**Features:**

- 12 adjusting thumb wheels
- Back length adjustment
- Metal tripod stand
- Pin cushion
- Grey brushed nylon fabric with foam lamination

**Size Options**

<table>
<thead>
<tr>
<th>Male Form</th>
<th>Chest</th>
<th>Waist</th>
<th>Hips</th>
</tr>
</thead>
<tbody>
<tr>
<td>Male Form</td>
<td>94 cm – 114 cm</td>
<td>84 cm – 101 cm</td>
<td>100 cm – 119 cm</td>
</tr>
<tr>
<td></td>
<td>37 ins – 45 ins</td>
<td>33 ins – 41 ins</td>
<td>39 ins – 47 ins</td>
</tr>
</tbody>
</table>
Children grow very quickly. The Junior Form enables clothes to be made for ages 6 to 10 years.

The fully adjustable 8 part children form with 12 adjusters provides an array of sizes and includes a back lengthening feature.

Features:

• 12 adjusting thumb wheels
• Back Length adjustment
• Metal tripod stand
• Hem Leveler
• Brushed nylon fabric with foam lamination

Size Options

<table>
<thead>
<tr>
<th>Junior Form</th>
<th>Chest</th>
<th>Waist</th>
<th>Hips</th>
</tr>
</thead>
<tbody>
<tr>
<td>Junior Form</td>
<td>61 cm – 81 cm</td>
<td>56 cm – 76 cm</td>
<td>66 cm – 86 cm</td>
</tr>
<tr>
<td></td>
<td>24 ins – 32 ins</td>
<td>22 ins – 30 ins</td>
<td>26 ins – 34 ins</td>
</tr>
</tbody>
</table>
How do I place an order?

a. Complete the attached order form.

b. Clearly mark which adjustable mannequin you would like to purchase.

c. Indicate whether you’re collecting or need a quote to have the mannequin couriered.

d. Make full payment of the selected dolls, including the courier fee (if applicable).

e. Send the completed order form and proof of payment to: sales@dressmakerdolls.co.za

f. The collection address will be supplied once an order is confirmed (for collections in person).

Contact Us

Dressmaker Dolls / Leon Kotzé

Email: sales@dressmakerdolls.co.za

Mobile: + 27 82 775 1912

Facebook page: DressmakerDolls

Website: www.dressmakerdolls.co.za

Location: Magalieskruin, Pretoria
How do I pay?

The following payment options are available:

- **EFT** (Electronic funds transfer)
- **Cash** – only applicable when you collect in person

*NOTE:* Cash is not a preferred payment method and only accepted when no other option is available. If you wish to pay in cash then an additional R75.00 (per mannequin) cash deposit fee is applicable.

Should I pay before collection?

**No,** any form of payment can also be made at collection.

*NOTE: The following is applicable for payment at collection:*

- When an EFT payment is made, a bank confirmation SMS stating that an immediate payment was made must be sent to +27 82 775 1912. **If no SMS has been received the mannequin will not be handed over.**

- To save time and ensure a smooth EFT payment at our premises, we strongly advise that our banking details are preloaded (see the order form for banking details).

- When paying with cash, please **add the additional R75** per mannequin cash deposit fee to the final amount.

Can the mannequins be couriered?

**Yes,** our courier can assist with national and international courier services. When completing the order form, please indicate that you wish to have the order couriered and we will send you a quote.

Due to security reasons **no third party couriers** will be allowed to collect orders.

How do I request a courier quote?

- **To request a quote,** send an email to: sales@dressmakerdolls.co.za clearly stating your physical address (Estate/Complex name, Street number, Street Name, Suburb and City, Country). We will reply with the quoted amount.

- **Pay** the quoted amount into the banking account stipulated on the order form.

- As soon as payment is received the courier will be tasked.

- **Road freight** (3 working days) is the most economical option available.

- **Overnight** or express service can also be provided.
Additional Information

Collection of orders:

No third party courier will be allowed to collect orders at our premises due to security reasons. Customers are welcome to collect in person or send someone to collect on their behalf.

Complete the order form and return to sales@dressmakerdolls.co.za to receive the collection address.

Courier options available:

Road freight (3 working days) is the most economical option available.

Delivery time frame:

- Standard: 48 to 72 hours within major centers
- Within Gauteng: 99% next day delivery - you are still charged for standard road freight.

Overnight or express service can also be provided.

Second-hand Adjustable Mannequins

We do not sell second-hand adjustable mannequins nor do we recommend them.

From our experience, second-hand mannequins are not all fully functional and are only sold to recoup money to purchase another one.

They are not fit for reuse and are almost always broken or on the verge of breaking. We are committed to providing high quality, reliable, new adjustable mannequins at below retail prices.